Notes on how to knit with two or more colors in one row

To start a new color, just make one knit or purl stitch with that color instead of the old color. You'll have two balls of yarn connected to the piece, one of each color. Keep a tail of the new color of about 3-4 inches so that it doesn't unravel and be sure to pull the tail tightly after a few stitches.

If you do more than two stitches of one color, you are at risk for creating long, loose threads of the other color on the backside of the piece, as shown here in a very early knitting project of mine:



So, to carry along color A, be sure to wind the ball of the unused color around the strand of the current color each stitch – or at most every other stitch. This gives you a backside that looks like these instead:





Carry each color along the row only as far as you need it, or maybe one or two stitches beyond just to anchor it nicely. Pick it up again when you do the next row and come back to where you left it. By the time you finish each row, your two balls of yarn will be all twisted together and will need to be untwisted before starting the next row. If you twist alternate directions on each stitch, you may avoid having too many twists at the end of the row.

When you finish with the second color, just cut the yarn, leaving a tail of 3-4 inches.

After you are done with the piece, thread each of the tails into a needle and weave each into the backside of the piece, back and forth so it can't come loose, and cut off any excess.

Note: when designing your pattern, try to minimize the carrying of a second color. This is especially important when designing the letters for a name.